**Learning Log: Think about data in daily life**

**Instructions**You can use this document as a template for the learning log activity: Think about data in daily life. Type your answers in this document, and save it on your computer or Google Drive.

We recommend that you save every learning log in one folder and include a date in the file name to help you stay organized. Important information like course number, title, and activity name are already included. After you finish your learning log entry, you can come back and reread your responses later to understand how your opinions on different topics may have changed throughout the courses.

To review detailed instructions on how to complete this activity, please return to Coursera: [Learning Log: Think about data in daily life](https://www.coursera.org/learn/foundations-data/supplement/yW748/learning-log-think-about-data-in-daily-life).

| **Date:** <enter date> | **Course/topic:** Course 1: Foundations: Data, Data Everywhere | | |
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| **Learning Log:** Think about data in daily life | | |
| **Everyday data** | Create a list of at least five questions:   1. What is the best time to study every day? 2. What is the best hour combination of sleep and work? 3. How many groups can we divide the worship team into? 4. How many cups of water do I take everyday? 5. How much money do I need for airtime each week? 6. How many hours of sleep do I get each day? 7. How many pages can I write comfortably every day? 8. How much fuel money do I need every week?   Now, select one of the five questions from your list to explore.  *Selected question*: What is the best time to study every day? | | |
| **Reflection:** | Write 2-3 sentences (40-60 words) in response to each of the questions below. | | |
| **Questions and responses:** | * What are some considerations or preferences you want to keep in mind when making a decision?   *At what time do I sleep and wake up every day? How many hours do I need to dedicate to work? How many hours do I need to dedicate for family activities? How many hours do I need to dedicate for exercise? What time can I dedicate without interruptions?*   * What kind of information or data do you have access to that will influence your decision?   *Do I have access to my daily schedule? I would like to know if my work patterns are repetitive or random. I would also like to know if I have a good chance of studying every day of the week?*   * Are there any other things you might want to track associated with this decision?   *At what time do I usually feel the most fresh and energetic? Do the courses have a specific time given for them?* | | |